

YUDAN TEST SYLLABUS	
1. Tai no henko (1) 2. Suwari waza ryote mochi kokyuhō (4) 3. Ushiro waza ryo hiji mochi ikkajo osae (1) 4. Shitei waza 5. Shitei waza 6. Shitei waza 7. Shitei waza 8. Shumatsu dosa (1) 9. Shumatsu dosa (2) 10. Shitei jiyuwaza 11. Shitei jiyuwaza 12. Taninzudori jiyuwaza (Ken, tanto, open hand) (For nidan-futaridori with tanto, open hand)	※Kata mochi sankajo osae(1) (2) ※Mune mochi sankajo osae(1) (2) Ushiro ryote mochi sankajo osae(1) (2) Ushiro katate eri mochi sankajo osae(1) (2) Ushiro ryohiji mochi sankajo osae(1) (2) Ushiro ryokata mochi sankajo osae(1) (2) ※Shomen uchi yonkajo osae(1) (2) ※Yokomen uchi yonkajo osae(1) (2) ※Katate mochi yonkajo osae(1) (2) ※Ryote mochi yonkajo osae(1) (2) ※Hiji mochi yonkajo osae(1) (2) ※Kata mochi yonkajo osae(1) (2) ※Mune mochi yonkajo osae(1) (2) ※Katate mochi sokumen iriminage(1) (2) ※Ryote mochi sokumen iriminage(1) (2) ※Hiji mochi sokumen iriminage(1) (2) ※Kata mochi sokumen iriminage(1) (2) ※Mune mochi sokumen iriminage(1) (2) ※Shomen uchi sokumen iriminage(1) (2) ※Yokomen uchi sokumen iriminage(1) (2) Ushiro ryote mochi sokumen iriminage(1) (2) Ushiro ryohiji mochi sokumen iriminage(1) (2) Ushiro ryokata mochi sokumen iriminage(1) (2)
Shitei jiyuwaza	
Shomen uchi jiyuwaza      Kata mochi jiyuwaza Yokomen uchi jiyuwaza      Ushiro ryote mochi jiyuwaza Katate mochi jiyuwaza      Ushiro ryohiji mochi jiyuwaza Ryote mochi jiyuwaza      Ushiro ryokata mochi jiyuwaza Shomen tsuki jiyuwaza      Tantodori jiyuwaza Shomen yokomen jiyuwaza      Kendori jiyuwaza	※Kata mochi sokumen iriminage(1) (2) ※Mune mochi sokumen iriminage(1) (2) ※Shomen uchi sokumen iriminage(1) (2) ※Yokomen uchi sokumen iriminage(1) (2) Ushiro ryote mochi sokumen iriminage(1) (2) Ushiro ryohiji mochi sokumen iriminage(1) (2) Ushiro ryokata mochi sokumen iriminage(1) (2)
Shitei waza	
Katate mochi shihonage(1) (2) Ryote mochi shihonage(1) (2) Yokomen uchi shihonage(1) (2) Shomen uchi shihonage Hanmi handachi katate mochi shihonage(1) (2) Hanmi handachi ryote mochi shihonage ※Shomen uchi ikkajo osae(1) (2) ※Yokomen uchi ikkajo osae(1) (2) ※Katate mochi ikkajo osae(1) (2) ※Ryote mochi ikkajo osae(1) (2) ※Hiji mochi ikkajo osae(1) (2) ※Kata mochi ikkajo osae(1) (2) ※Mune mochi ikkajo osae(1) (2) Ushiro ryote mochi ikkajo osae(1) (2) Ushiro katate eri mochi ikkajo osae(1) (2) Ushiro ryohijimochi ikkajo osae(2) Ushiro ryokata mochi ikkajo osae(1) (2) Ushiro eri mochi ikkajo osae(1) (2) ※Katate mochi nikajo osae(1) (2) ※Ryote mochi nikajo osae(1) (2) ※Katate ayamochi nikajo osae(1) (2) ※Hiji mochi nikajo osae(1) (2) ※Kata mochi nikajo osae(1) (2) ※Mune mochi nikajo osae(1) (2) ※Shomen uchi nikajo osae(1) (2) ※Yokomen uchi nikajo osae(1) (2) ※Shomen uchi sankajo osae(1) (2) ※Yokomen uchi sankajo osae(1) (2) ※Katate mochi sankajo osae(1) (2) ※Ryote mochi sankajo osae(1) (2) ※Hiji mochi sankajo osae(1) (2)	※Shomen uchi shomen iriminage(1) (2) ※Yokomen uchi shomen iriminage(1) (2) ※Katate mochi shomen iriminage(1) (2) ※Ryote mochi shomen iriminage(1) (2) ※Shomen uchi hijishime(1) (2) ※Yokomen uchi hijishime(1) (2) ※Katate mochi hijishime(1) (2) ※Ryote mochi hijishime(1) (2) ※Hiji mochi hijishime(1) (2) ※Kata mochi hijishime(1) (2) ※Mune mochi hijishime(1) (2) Ushiro ryote mochi hijishime(1) (2) Ushiro eri mochi hijishime(1) (2) ※Shomen uchi hijiate kokyunage(1) (2) ※Yokomen uchi hijiate kokyunage(1) (2) ※Shomen tsuki hijiate kokyunage(1) (2) ※Katate mochi hijiate kokyunage(1) (2) ※Ryote mochi hijiate kokyunage(1) (2) Ushiro ryote mochi hijiate kokyunage(1) (2) ※Shomen uchi kotegaeshi(1) (2) ※Yokomen uchi kotegaeshi(1) (2) ※Shomen tsuki kotegaeshi(1) (2) ※Katate mochi kotegaeshi(1) (2) ※Ryote mochi kotegaeshi(1) (2) Ushiro ryote mochi kotegaeshi(1) (2) ※Ryote mochi tenchinage(1) (2) Shomen uchi kokyunage Yokomen uchi kokyunage Katate mochi kokyunage Ryote mochi kokyunage Shomen tsuki kokyunage (※Includes suwari waza) Suwari waza ryote mochi kokyuhō(1) (2) (3) (5)